

## No Alcohol ????

32 Count, 4 Wall, Improver

Choreographer:

Choreographed to: Celtic Rock by David King

Start dancing on lyrics

125-2

124-19

### HEEL SWITCHES AND HOLD

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together  
3-4 Touch right heel forward, hold  
&5&6 Step right together, touch left heel forward, step left together, touch right heel forward  
&7-8 Step right together, touch left heel forward, hold

*shuffel back*

### ROCK, TRIPLE, ROCK TRIPLE WITH ¼

- &1-2 Step left together, rock right forward, recover on left  
3&4 triple slightly back stepping right, left, right  
5-6 Rock left back, recover on right  
7&8 triple forward turning ¼ to right stepping left, right, left  
The ¼ turn travels in a semi circle. Pretend that there is a pole in front of you and you are traveling behind it and left

*shuffel back*

### ROCK, TRIPLE, ROCK TRIPLE WITH ¼

- 1-2 Rock right forward, recover on left  
3&4 triple slightly back stepping right, left, right  
5-6 Rock left back, recover on right  
7&8 triple forward turning ¼ to right stepping left, right, left  
The ¼ turn travels in a semi circle. Pretend that there is a pole in front of you and you are traveling behind it and left

### TOE SWITCHES, HOLD, KICK BALL CHANGE, PIVOT ¼ LEFT

- 1&2 Touch right toe out to side, step left together, touch left toe out to side  
&3-4 Step left together, touch right toe to right, hold  
5&6 Right kick ball change  
7&8 Step forward right, turn ¼ left (weight to left)

**TAG:** After the fourth wall - (before starting the dance at 12:00) repeat the first 8 counts of the dance twice - then start over

### HEEL SWITCHES AND HOLD

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together  
3-4 Touch right heel forward, hold  
&5&6 Step right together, touch left heel forward, step left together, touch right heel forward  
&7-8 Step right together, touch left heel forward, step

### Walk Full Turn Right

- 1 - 4 Recover onto left and start walking round clockwise, stepping right, left, right, left.  
Walking Turn Turning right  
5 - 8 Continue walking to complete the full circle, stepping right, left, right, left.